



Dear Muhlenberg College Student and Family,

The health and counseling staff warmly welcome you to our college. We are committed to providing you, our student, with high quality care as you pursue your Muhlenberg College education. In preparation for your arrival on campus, you are required to submit health records, including a Physical Exam, Immunization Record, and Health Insurance information (as well as enrollment or waiver of our [Student Health Insurance Plan](#)).

Thank you for reviewing and completing the following steps.

Step One: Review the following information

- [Prematriculation Immunization Requirements](#)
- [Meningococcal Disease and Immunization](#)

Step Two: Print the [Muhlenberg College Health Record](#) (Immunization Record and Physical Exam) and bring to your health care provider to complete.

- **All students** must have a **physical exam within 12 months** of the first day of class.
- **Varsity athletes:** a physical exam (within 6 months prior to the start of fall practice), EKG, and sickle cell screen are required.

Step Three: Submit Health Forms - due by July 1

Complete the following forms on "My Forms" tab in the PyraMed Health Portal and upload required records (Immunization Record, Physical Exam Record, Insurance Card).

1. "Medical History"

- Within this form, you will answer questions about your medical history, including medical conditions, allergies, and family history. You will also be required to upload an image of your Physical Exam and Immunization Record, which you may do through a link on this form or through the Document Upload tab on PyraMed.

2. "Consent for Treatment & Communication Preferences"

3. "Emergency Contacts"

Step Four: Student Health Insurance Plan - Enrollment or Waiver Required - due before August 1

- All students must either enroll in or complete the waiver for the College's Student Health Insurance Plan before August 1.

To access the PyraMed Health Portal:

- First, access the Muhlenberg College [Application Portal \(muhlenberg-college.onelogin.com\)](#)
- Enter your Muhlenberg user name and password (supplied by Informational Technology)

- Information about the student health insurance plan, as well as the enrollment and waiver form, are available [here](https://rcmdstudentbenefits.com/muhlenbergcollege) (<https://rcmdstudentbenefits.com/muhlenbergcollege>). Enrollment and waiver forms will be available mid to late June.
- Students who waive the Student Health Insurance Plan will be required to upload their current health insurance information as part of the waiver information.
- The College is partnering with Lehigh Valley Health Network to provide all campus health and counseling services as an on-campus family practice office to our students beginning Fall 2024. Office visits to the health center will be charged to the student's personal health insurance. Please check with your health insurance carrier to determine if they participate with Lehigh Valley Health Network.
- The College requires that all students have primary health insurance coverage. Students must maintain current insurance information with health services.

Step Five (Varsity Athletes Only): Complete additional medical forms on the [Sports Medicine website](#).

Step Six (Optional): Request accommodations, auxiliary aids and services for students with disabilities.

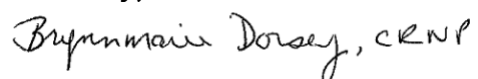
- Students with documented disabilities who request accommodations, auxiliary aids and services are encouraged to identify their needs to the Office of Disability Services as soon as possible after their decision to attend Muhlenberg has been finalized. For any questions, please call the Office of Disability Services (484-664-3825) or refer to their [website](#).
- **Special Housing/Special Dining Services Requests** must be submitted to the Office of Disability Services along with the supporting documentation by the deadlines listed on the forms. Please consult the Office of Disability Services for specific information about the process and required documentation. Documentation of a disability does not guarantee that an application will be approved. Students with the most severe needs will be given first priority in securing special housing if the

Please be certain that all health form information is completed by July 1 (for fall entry) or Jan 5 (for spring entry). You will be notified by "Messages" on the PyraMed Health Portal regarding any incomplete information. If you cannot complete your forms by the deadline, notify Health Services. IN ORDER TO MOVE-IN TO YOUR RESIDENCE HALL, ALL HEALTH FORMS (Including required documentation) and ENROLLMENT OR WAIVER OF THE STUDENT HEALTH INSURANCE

need/disability significantly impacts their ability to perform activities of daily living.

Please contact Health Services 484-664-3199 or Counseling Services 484-664-3178 should you have any questions or concerns. Welcome to Muhlenberg, we wish you success, happiness and good health!

Sincerely,



Brynmarie Dorsey, MSN, CRNP
Executive Director, Health & Counseling Services