

Study Abroad

Reflection Questions – After Trip

How has your experience affected the way you see yourself and your native culture? _____

How has it affected the way you view your host culture and cultural differences in general? _____

What effect has studying abroad had on your academic goals? Have your goals changed?
What are your views on your education? _____

Describe the “culture shock” you experienced upon your return to the U.S. _____

Do you think of America (or Americans) any differently now that you have returned? In what way(s)? _____

What did you learn about yourself through this experience? _____

How were your beliefs and values challenged? _____

How can you apply what you learned to your life now? _____
