MUHLENBERG COLLEGE ATHLETIC TRAINING

TO: Returning Muhlenberg College Varsity Student-Athletes, Women’s Rugby, Ice Hockey
FROM: Steve Nemes, Jr., LAT, ATC Head Athletic Trainer
       Lindsay Porembo, LAT, ATC, Associate Athletic Trainer
       Sara Talarico MEd, LAT, ATC, Assistant Athletic Trainer
       Jamie Scalise, LAT, ATC, OTC, ITAT, Assistant Athletic Trainer
DATE: May 26, 2015
RE: Sports Medicine Update Information and Important Forms

Once again it is that time of year. We hope everyone’s summer is going well. Please update “SportsWare on Line” by July 17, 2015 for Fall Sport Athletes and August 4, 2015 for Winter and Spring Sport Athletes. Make sure you complete the 3 forms under attachments.

We are not requiring you to submit a copy of your insurance card unless it has changed from last year. If this is the case please send a photocopy, both front and back, of all appropriate insurance cards. It is your responsibility to keep us up to date with current insurance cards if your insurance changes during the year. Even though we will retain a photocopy of all insurance cards, whenever possible please supply your student athlete with an actual duplicate of all cards.

Please read over all the information on the website listed under “Reference Material/Pre-physical schedule”.

Also please send the ADHD Medical Form (if Applicable) to the Athletic Training office. This needs to be done on an annual basis.

If you are a transfer student or have not participated in a varsity sport at Muhlenberg College in over one year in addition to completing the information at the “SportsWare On Line” website you are required to fill out all required forms which are located under “Freshmen, Transfers, 1st Year Upperclass Athletes” at this website. Also you must complete the Athletic Initial Participation form from the Health Center and an ECG (EKG) study. If you need a copy of this form(s) please contact us immediately and one will be sent to you or you can go to our website to download them.

Over the summer please notify us of any injury or illness prior or present that effects your ability to play or condition for your sport(s). A written release from the attending physician will be needed for clearance of any such injury/illness PRIOR to being able to participate.
Please mail any required form(s) to the follow address:

Steve Nemes Jr. LAT, ATC  
Life Sports Center  
Muhlenberg College  
2400 Chew St.  
Allentown, PA 18104

It is essential that all necessary information be correctly completed on time in order for you to participate in Muhlenberg College Varsity Athletics, Women’s Rugby or Ice Hockey. If you have any questions or concerns please contact us. We may be reached by phone at 484-664-3391; by e-mail at snemes@muhlenberg.edu; or by fax at 484-664-3537.

Thank you for your cooperation and time in taking one more step in making this a successful year.

Steve Nemes, LAT, ATC  
Head Athletic Trainer

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