



Walk your way to fitness!

Join your fellow workers on **Tuesday, May 13, 2008** for
National Employee Health & Fitness Day
(Walk Off the Job)

11:30 a.m. – 1:30 p.m.
Life Sport Center

Blue Consent Forms were mailed recently to your department. Please complete the form and hand it in at the Registration Desk on May 13th. You can also submit the form to Human Resources prior to May 13th.

Volunteers: Please remember to arrive 10-15 minutes prior to your time slot.