Dear Member of the Class of 2019:

Congratulations on your decision to attend Muhlenberg College! Health Services and Counseling Services staff would like to personally welcome you. We provide physical and mental health care services with the goal of helping you maintain optimal health while you pursue your academic responsibilities. We are open Monday through Friday with regularly scheduled daytime hours that are posted on our websites. A nurse and psychotherapist are on-call and available for telephone consultation on a twenty-four hour basis during the Fall and Spring semesters for emergencies.

In preparation for your arrival on campus, please review the following information:

1. **HEALTH FORMS**
   
   
   All traditional day students must have a completed Health Form. Please hand-deliver the health form to the Health Services table at the Information Fair on your June Advising Day. If you are unable to have the forms completed by that day, please mail the forms to Health Services by **June 25, 2015**. Please be certain that all requirements outlined within the medical form are completed. You will be notified through your student Muhlenberg email account regarding any incomplete information. Failure to have a completed health form and proof of health insurance will prevent you from moving into the residence halls.

   - **PHYSICAL EXAM:** The College requires a physical examination completed after February 28, 2015, which is 6 months prior to the first day of class.
   - **IMMUNIZATIONS:** The Immunization Policy, which is in compliance with the recommendations of the Pennsylvania Department of Health, is located within the health form. Please review the Meningococcal Disease and Immunization Information available on the Health Center website.
   - **CONSENT FOR TREATMENT:** Consent for treatment for medical care must be signed by each student. Parents must also, in advance, **sign the consent form** if the student is under the age of 18 years for medical issues. Consent for psychotherapy will be signed by only the student at the time counseling services are initiated.
   - **HEALTH INSURANCE:** The College requires that all students have individual health insurance coverage. **Please include copies of health insurance and prescription cards (front and back sides) with the health form.** Students are responsible for the cost of healthcare not provided by health and counseling services; these include radiology & laboratory services and any outside health care provider evaluations. It is the student’s responsibility to maintain current insurance information at Health Services. It is also the student’s responsibility to understand personal health insurance plan coverage (such as referral information, laboratory information, and in-network providers within the Allentown area). Muhlenberg College does provide a limited accident insurance policy for all full-time traditional day students. This insurance is secondary to the student’s primary health insurance coverage and does not provide any coverage for illnesses.
2. **DISABILITY SERVICES FOR MEDICAL AND PSYCHOLOGICAL NEEDS**

   **SPECIAL HOUSING / DINING SERVICES REQUESTS:** These requests must be submitted by June 01, 2015 to the Office of Disability Services along with the supporting documentation. Please contact the Office of Disability Services (484-664-3825) for specific information and required applications. Documentation of a disability does not guarantee that an application will be approved. Generally, students with the most severe needs will be given first priority in securing special housing if the need/disability significantly impacts their ability to perform activities of daily living. Learning disabilities, Attention Deficit Disorder, and most psychological disorders generally do not warrant special housing.

   **ACCOMMODATIONS:** Students with disabilities who request accommodations, auxiliary aids, and services are encouraged to identify their needs to the Office of Disability Services as soon as possible after their applications to the College have been accepted. Please refer to the Muhlenberg College Office of Disability Services website or call the office directly for more information. Individuals with a disability who plan to request disability related accommodations or services while visiting Muhlenberg College, please contact the Office of Disability Services or the event coordinator at least one week prior to planned visit.

3. **VARSITY ATHLETICS, ICE HOCKEY & RUGBY MEDICAL FORMS**

   Students considering participation in these sports will need to complete medical forms specific to Muhlenberg College Athletics. The Participation Physical Evaluation is included in this packet; please have your health care provider complete it, in addition to the Health Center medical form. Additional athletic medical forms are located on the Sports Medicine website. All athletic forms should be mailed directly to Muhlenberg College Athletic Training Office, 2400 Chew Street, Allentown, PA 18104.

   Please contact Health Services (484) 664-3199 or Counseling Services (484) 664-3178 should you have any questions or concerns. We wish you much success and happiness as you join the Muhlenberg College Community.

   Sincerely,

   Brynnmarie Dorsey, MSN, CRNP
   Director of Health Services

   Anita Kelly, MA, CAC, LPC
   Director of Counseling Services