Dr. Di Carlo is the best-selling author of *The World’s Best Kept Health Secret Revealed*. At his Allentown practice, C.A.F.E. of Life Chiropractic, Dr. Di Carlo provides care to families, children and athletes, leading them to active healthy lives with increased energy, performance and a greater immune system. Through his 12-year chiropractic career, he discovered specific systems, behaviors and strategies that offer ordinary people extraordinary health at most any age. He earned a Bachelor of Science in Exercise and Sports Science from Penn State University and then graduated and worked at Life University, the largest chiropractic clinic and school in the world. He also received recognition for serving at Ground Zero.