TO:  Parents of Muhlenberg College Student-Athletes  
FROM:  Steve Nemes, Jr., ATC Head Athletic Trainer  
        Lindsay Porembo, ATC; Sara Talarico MS, ATC, Assistant Athletic Trainers  
DATE:  June 20, 2012  
RE:  Sports Medicine Information and Important Forms

We would like to take this opportunity to welcome your student athlete to Muhlenberg College athletics. Since your son/daughter will be participating this fall in a regular season or non-traditional season; we are requesting that all required forms which are located under “Freshmen, Transfers, 1st Year UpperClass Athletes” at this website be filled out and returned to the athletic training department by **July 9, 2012** for fall sports and **August 6, 2012** for Winter and Spring sports.

**Please note that the forms we are requesting are not the same as the forms mailed to you by the Health Center. Both sets must be filled out and sent back to the proper office. The forms from the Athletic Training Dept. **DO NOT** require a physician’s signature.**

You are also required to go to the “SportsWare On Line” website located at the Freshmen et al link. Once you get to the menu you must complete all sections under Athlete and the Questionaire tab under History. Once both sections are completed please log out. I will receive an e-mail confirmation that you have logged into your file. This will eliminate some paperwork on your part. Your e-mail address will be your first initial and last name @muhlenberg.edu and your password will be your Muhlenberg College ID. If you do not know your ID it is located in the upper right hand corner of the class schedule you received from your advisor at June advising. Please remember to put the dash after the 1st 2 zeroes. This is also to be completed by **July 9, 2012** for Fall Sports and **August 6, 2012** for Winter and Spring sports.

Please check the link “Athletic Training Forms List” for a complete list of all required material. Please read over all the information listed on the website listed under “Reference Material/Pre-physical Schedule”. Please send hard copies of all forms and not faxes.

***Please type or use blue or black ink for all forms***

Due to the increased requests from health care facilities, please submit a copy, both front and back, of all appropriate insurance cards for your student athlete. It is your responsibility to keep us up to date with current insurance cards if insurance changes occur during the school year. Even though we will retain a photocopy of all insurance cards, whenever possible please supply your student athlete with an actual duplicate of all cards.

The same information is being requested on a few different forms. This is necessary since these forms are used to provide valuable information for different situations. We apologize for the inconvenience and appreciate your cooperation.
Over the summer please have your student athlete notify us of any injury or illness prior or present that effects their ability to play or condition for their sport(s). A written release from the attending physician will be needed for clearance of any such injury/illness PRIOR to being able to participate.

If you are a freshman, The Medical History Questionnaire and Athletic Initial Participation form you received from the Health Center in early spring must be completed by your personal physician and returned to the Health Office by July 16, 2012 in order to participate. If you are not scheduled to see your primary physician until after this date please contact the Health Center and/or Athletic Training office. Also please send the ADHD Medical Form (if Applicable) to the Health Center. If you are a transfer student or have not participated in a varsity sport at Muhlenberg College in over one year you must also have the Athletic Initial Participation form completed. If you need a copy of this form(s) please contact us immediately and one will be sent to you or go to the Health Center web page.

Please mail the forms to the follow address:

Steve Nemes Jr. ATC
Life Sports Center
Muhlenberg College
2400 Chew St.
Allentown, PA 18104

It is essential that all necessary forms be correctly completed on time in order for your son/daughter to participate in Muhlenberg Athletics. If you have any questions or concerns please contact us. We may be reached by phone at 484-664-3391; by e-mail at snemes@muhlenberg.edu, or by fax at 484-664-3537.

Thank you for your cooperation and time in taking one more step in making this a successful year.