

# 2010 Gold Medal Girls Lacrosse Camp

Residential/Commuter



Sunday, June 27 - Wednesday,  
June 30

Open to all ages, beginners  
through elite

[GoldMedalLax@aol.com](mailto:GoldMedalLax@aol.com)

Staff features  
College Head Coaches & Players  
And  
U.S. World Cup & National Team  
Members

Gold Medal Girls Lacrosse Camp  
429 North 27th St.  
Allentown, PA 18104

*2010 Staff features World Cup and National Team Players & College Head Coaches!*

## 2010 GOLD MEDAL LACROSSE CAMP

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Roommate Request: \_\_\_\_\_

School: \_\_\_\_\_ email: \_\_\_\_\_

School Address: \_\_\_\_\_

Grade in Sept. 2010: \_\_\_\_\_ Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Resident Camper Early Bird \$350 \_\_\_\_\_ Commuter Camper Early Bird \$285

Resident Camper after May 1, \$375 \_\_\_\_\_ Commuter Camper after May 1, \$310

Years Playing Experience: \_\_\_\_\_ Playing Level (circle one): Beg./Int. Int. Int/Adv. Adv.

Position (Please x: Attack \_\_\_\_\_ Midfield \_\_\_\_\_ Defense \_\_\_\_\_ Goalie \_\_\_\_\_

### Payment Method

Check Enclosed Check #: \_\_\_\_\_

Money Order

Make All Checks Payable To:  
Gold Medal Lacrosse Camp

Mail To:

Jacklyn Keeley  
Gold Medal Lacrosse Camp  
429 North 27th St.  
Allentown, PA 18104

JACKLYN KEELEY

United States World Cup Gold Medalist  
United States National Team Member  
NCAA Division I Head Coach  
NCAA Regional Coach of the Year  
Conference Coach of the Year

In 1989, Keeley founded and administrated this summer lacrosse camp. It is recognized as one of the top instructional and playing camps available to all ages and abilities. The outstanding coaching staff consists of World Cup and National Team players, College Head Coaches, and stand-out collegiate players. Kids have a ton of fun while they learn the latest skills, techniques, and strategies from top instructors!

**SITE DIRECTOR**

KRISTEN STUCKEL SEILER  
NCAA Head Coach

Stuckel serves as the Head Coach for the Muhlenberg College Lacrosse team and also served as the field hockey coach from 2000-04. She is a former assistant coach for Gettysburg College where she earned All-Regional honors.

**SAMPLE SCHEDULE**

7:30-8:30am	Breakfast
9:00-11:45am	Drill/Games
12:00 Noon	Lunch
1:30-3:30pm	Drills/
3:30-5:00pm	Break
5:00pm	Dinner
6:00-8:30pm	Games
11:00pm	Lights Out

**SPECIALIZED GOALIE  
INSTRUCTION IS PROVIDED**

**LOCATION AND FACILITIES**

Only 60 miles from Philadelphia and 75 miles from New York City, Muhlenberg College is located in a classic collegiate setting in west Allentown, Pa. There are athletic fields (grass) and a lighted astro-turf facility centrally located to the dorms and cafeteria. This campus offers a very scenic and secure venue for lacrosse. You may learn more about Muhlenberg College via their website: [www.muhlenberg.edu](http://www.muhlenberg.edu)

Registration will be held between 12:00 p.m. and 1:00 p.m. on Sunday, June 27, 2010. Tournament play and closing ceremonies will conclude camp on Wednesday, June 30th at noon. More information will be sent upon receipt of your application.

**HOUSING AND MEALS**

Resident campers will be housed in a dormitory on campus. The dormitory will be supervised by camp and college staff. Meals will begin with dinner on Sunday and conclude with breakfast on Wednesday.

**CAMPERS SHOULD BRING**

Lacrosse stick	field shoes (grass)	cross trainers/court shoes
Court shoes (indoor)	shorts	t-shirts
Sun screen	sheets	towels
Pillow	fan	mouth guards (required)
Goalie equipment (if applicable)	goggles	swim suit

**PAYMENT SCHEDULE**

\$\$\$Early bird discount available if application and payment received prior to May 1\$\$\$

Resident Camper	Before May 1	\$350
	After May 1	\$375
Commuter Camper:	Before May 1	\$285
	After May 1	\$310

\*Commuter fee includes lunches and dinners

**FOR MORE INFORMATION CONTACT:**

Jacklyn Keeley      PH: 610-597-4356  
FX: 610-776-1525  
GoldMedalLax@aol.com

Kristen Stuckel      PH: 484-664-3384  
FX: 484-664-3035  
kstuckel@muhlenberg.edu

**FOR DIRECTIONS CHECK:**

[www.muhlenberg.edu](http://www.muhlenberg.edu)  
(Click on>About 'Berg)

Experienced National, College and High School Level Coaches!

JACKLYN KEELEY  
United States World Cup Gold Medalist  
United States National Team Member  
NCAA Division I Head Coach  
NCAA Regional Coach of the Year  
Conference Coach of the Year

KATE MILLER  
NCAA Division III Head Coach  
Moravian College  
Former USA Lacrosse Team Member

KRISTEN STUCKEL  
NCAA Division III Head Coach  
Muhlenberg College

LAURA WRAY  
Division I Player  
Assistant Coach Temple University

KELLY GALLAGHER  
NCAA Division I Assistant Coach  
University of Detroit-Mercy  
Seven + years of lacrosse summer camp coaching experience

LIZ BORUCKI  
Commissioner & Coach of Youth Lacrosse League  
in Medford, NJ  
Former NCAA Division III Assistant Coach  
at Muhlenberg College  
Goalie Stand Out at Gettysburg College  
3-Time All-Centennial Conference Selection  
Division III Defensive Player of the Year  
by Women's Lacrosse Club of NJ

**FOR MORE INFORMATION CALL 484-664-3384 EMAIL [GoldMedalLax@aol.com](mailto:GoldMedalLax@aol.com)**