

MEDICAL WAIVER

I certify that my daughter:

_____ has had a physical examination by a licensed physician within the last six months and is in sound physical condition for participation at the Turf Experience Field Hockey Camp. Also, I authorize the staff of the Turf Experience Field Hockey Camp to act according to their best judgment in an emergency that requires medical attention. I have adequate accident insurance coverage and hereby waive and release Kristen Stuckel and the Turf Experience Field Hockey Camp from any and all liability in the event of injury or illness requiring treatment, hospitalization and or surgery.

Please list any medical needs that the staff should be aware of:

Signature of Parent/Guardian

Date

**TURF
EXPERIENCE!**

**Kristen Stuckel
Muhlenberg College
2100 Chew St.
Allentown, PA 18104**

TURF



EXPERIENCE

FIELD HOCKEY CAMP

**At
Muhlenberg College**

July 20-23, 2009

5:30 - 8:30 PM

**Experience Field
Hockey
on the turf's quick
surface!**

TURF EXPERIENCE!

The purpose of Turf Experience is to allow field hockey players to take their game to the next level! The program will help players of different abilities to maximize their strengths while gaining more experience in the game of field hockey. The Astro Turf provides an excellent learning atmosphere for athletes at all levels. It will challenge the older more experienced player in areas of stick skills, shooting, and control, while allowing the younger, novice player to find success with passing, pulls, and dribbling.

THE FACILITY

Come play in Scotty Wood Stadium located at Muhlenberg College in Allentown, PA. The home field for the Mules Field Hockey team is a 3,000 -seat stadium constructed in 1998. The stadium features a brand new, cutting edge, 3D turf field playing surface and lighting. Grass fields will also be available for playing sessions.

CAMP INSTRUCTION

Collegiate coaches and players will provide individualized instruction to small groups based on their age, experience and ability. Instructional sessions will be well organized and cover many different aspects of the game, including fundamental skills, game strategies, specialties such as corners, and rules. Players will be challenged in a fun and energetic atmosphere.

The daily schedule will consist of fundamental skills to help develop proper technique at all levels, with a focus on small-sided game-like situational play. Competitions, competitive scrimmages, and individualized special help will also be included.

In her seventh summer as director, Kristen Stuckel will continue to challenge the athletes in a positive atmosphere. "The excitement and energy of seeing players learn a new skill or bringing their game to the next level is extremely rewarding. Turf Experience will help them gain important confidence in preparation for the fall!"

GENERAL INFORMATION

DATE: July 20-23, 2009

Monday - Thursday - 5:30-8:30 PM

COST:

\$105 per person

\$45 NON-REFUNDABLE deposit with registration, balance due on or before first day of camp. Registrations received by 6/20/09 will include a free T-shirt!

Preparation is the key to success! Our experienced coaches and players will help prepare athletes for the up coming season, whether the goal is to make the team, or be selected as a starter. The athletes will start in small-sided game situations and progress into full field scrimmages. The athletes are sure to benefit from the small group numbers that allow for immediate individualized feedback!

BE READY FOR A FUN, ACTIVE WEEK!

Dress appropriately - shorts, T-shirt, etc. Sneakers and/or turf shoes required, cleats are optional. Mouth guard and field hockey stick required. Water bottle & sunscreen recommended.

**Make Checks Payable To Kristen Stuckel
Mail To:**

**Kristen Stuckel, Muhlenberg College
2400 Chew St., Allentown, PA 18104
484-664-3384**

kstuckel@muhlenberg.edu

ADDITIONAL OPPORTUNITY

If you are interested in learning lacrosse or improving skills you already have, we have a great opportunity for you! Our Muhlenberg Residential/Commuter Lacrosse Camp will be held June 28-July 1, 2009. Contact Kristen Stuckel for more information!

REGISTRATION FORM

(Please Print)

Name: _____

Address: _____

Phone: Day: _____

Evening: _____

E-Mail: _____

Age: _____ **Grade in Fall:** _____

School: _____

Coach: _____

Playing Experience (Level): _____

Goalie: ____ Yes ____ No

**T-Shirt Size (Adult): S ___ M ___ L ___ XL ___
Due to ordering deadline, T-Shirt will only be given with registrations received by 6/20/07.**

**COST: \$105 per person
\$45 NON-REFUNDABLE DEPOSIT per person due with registration Balance due on or before first day of camp.**

Total enclosed: \$ _____

**Make checks payable to:
Kristen Stuckel**