

# ALL-AMERICAN SOCCER/ MULTI-SPORT CAMPS 2009



**Held at:  
Muhlenberg College  
And County Field**

**SOCCER CAMP: June 22–26  
and July 6-10**

**MULTI-SPORT CAMP  
June 22-26, June 29–July 3  
and July 6-10**

Call Leslie at 610 – 442 – 0588  
[beninten@muhlenberg.edu](mailto:beninten@muhlenberg.edu)

## ALL-AMERICAN SOCCER CAMP

### ACADEMY DIRECTOR

#### LESLIE BENINTEND

\*\*The winningest coach in the history of Muhlenberg College women's soccer with an outstanding record of 150 -81 -18 in her thirteenth season.

\*\*Led the Mules to five straight postseason appearances, three NCAA Tournament berths, three Centennial Conference championships, two ECAC championships and numerous regional and national rankings.

\*\* Coached two All-Americans

\*\*A three-time soccer All-American at her alma mater, Cortland State, and also a high school All-American

\*\*Holds an NSCAA Premier Diploma and also is an associate staff coach

\*\*Teaches fitness and wellness course at Muhlenberg College

\*\*Former assistant women's lacrosse coach at Muhlenberg College

#### SCOTT MANG

\*\* Muhlenberg College assistant women's soccer coach

\*\*Northwestern Lehigh high school boys coach 1998 to 2001

\*\* Former player and assistant coach at Bloomsburg University

\*\* Physical Education teacher at Nazareth Middle School

**MULTI-SPORT CAMP  
INFORMATION ON BACK**

## World Cup Soccer Festival Camp Weeks

<b>June 22 - 26</b>	County Fields
9:00 am – 3:00 pm	9:00 am- Noon
Cost: \$190.00	Cost: \$110.00
MON – FRI	5-7 yr. olds ONLY
Ages 5-15 yr. old BOYS & GIRLS (no swimming)	

### NEW

**July 9 - 12**

**High School Overnight Camp for Girls**

Please see website [www.muhlenberg.edu](http://www.muhlenberg.edu)  
type in Camps

### FAST FEET SOCCER CAMP

**This camp was a huge success last summer.**  
Most soccer players of all ages struggle with their lack of knowledge of foot work. "Fast Feet" is designed for your child to work solely on his/her soccer footwork. This one hour camp has been designed to focus only on coerver moves which will enable the camper to beat a defender.

**This is a one hour camp offered one day a week  
for eight weeks**

**Dates: June 17 and 24**

**July 1, 8, 15, 22 and 29<sup>th</sup>**

**August 5**

**Time:** Time slot 1 5:45 – 6:45

Time slot 2 6:50-7:50

**Location:** County Field

**Cost:** \$100.00

**Ages:** 5-13 All BOYS & GIRLS

**"FIRST YOU MAKE YOUR HABITS.  
THEN YOUR HABITS MAKE YOU."**

## World Cup Soccer

**July 6 – 10 Muhlenberg College**  
\$110.00 5-7 yr. old BOYS & GIRLS  
(or extension till 3pm at \$100.00)

\$190.00 8 & 9 yr. old BOYS & GIRLS  
9am – 3pm 10 & 11 yr. old BOYS & GIRLS  
MON-FRI 12-15 yr. old BOYS & GIRLS  
Price Includes: Indoor & Outdoor instruction  
Videos, Insurance, Indoor  
Tournament, Camp Ball,  
Training Shirt, Swimming

**Speed Training offered at this camp only**

**Swimming is Optional**

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All camps include: Insurance, Camp Ball, T-Shirt  
and Outdoor Instruction

### Payment

We do not Pro-Rate

Please send a \$75 Deposit w/Booking

**SIGN UP FOR ANY 2 WEEKS OF ALL  
AMERICAN CAMP AT MUHLENBERG AND  
PAY ONLY \$350 FOR BOTH (SAME CHILD).**

**ALL THREE ALL AMERICAN CAMPS \$510  
(SAME CHILD)**

Sponsored by:

**Lehigh Valley Orthodontics**  
"Home of Winning Smiles"  
**Drs. William & Robert Bryan**  
Allentown, PA  
610-435-2788

## ALL-AMERICAN MULTI-SPORT CAMP



**Camp Director:** Leslie (Benintend) Kiernan.  
Please see reverse side for more information.

### What Is a Multi-Sport Camp?

This camp is designed to expose the camper to a  
wide  
variety of team sports and recreational activities.

The Sports Camp gives the camper the opportunity  
to pick several different sports and interact in all of  
them throughout the course of the day.

Most camps are sport-specific, so I thought it would  
be a great idea to offer several sports and  
recreational activities to the camper.

I have been running this camp for the last three  
years and it has been a huge success. This camp is  
for all children who want to have fun and enjoy all  
sport activities.

All campers will have an opportunity to participate  
in the following **Team Sports: Basketball, floor  
hockey, soccer, swimming, flag football, micro-  
lacrosse, kick ball and wiffle ball. Recreational  
activities such as: Mat ball, dodge ball, wall ball  
and king pin**

## MULTI-SPORT CAMP INFORMATION

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**OFFERED 3 WEEKS  
THIS SUMMER**

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**Dates: June 22 - 26 and June 29 - July 3  
July 6 - 10**

**Place:** Muhlenberg College and County Field

**Ages:** 5-7 yr. old BOYS & GIRLS  
\$110 for half day 9am – Noon

5-7 yr. old BOYS & GIRLS  
\$190 Full Day 9 am – 3 pm

8 – 9 yr. old BOYS & GIRLS  
\$190 Full Day 9 am – 3 pm

10 & 11 yr. old BOYS & GIRLS  
\$190 Full Day 9 am – 3 pm

12 - 13yr. old BOYS & GIRLS  
\$190 Full Day 9 am – 3 pm

**DURING THESE TOUGH ECONOMIC  
TIMES  
WE HAVE DECREASED OUR PRICES**

### Camp Staff

Our Camp Staff is the best in the Lehigh Valley. I  
hire only Teachers to be the lead Instructors.  
Therefore, your children will receive instruction  
that is not only from athletes but also educators.

**FOR MORE INFORMATION  
CALL LESLIE 610-442-0588**

# Application

Name \_\_\_\_\_ Age \_\_\_\_\_ Preferred Teammate \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_  
Email \_\_\_\_\_ Health Insurance Co. \_\_\_\_\_ Group/Policy No \_\_\_\_\_

**Make check payable to:** Leslie Benintend and send to: Leslie Benintend, 3953 Larkspur Dr. Allentown PA 18103

**For more information call Leslie at 610-442-0588 or email: beninten@muhlenberg.edu**

## Check Desired Camp

### MULTI SPORT CAMP

#### COUNTY FIELD June 22-26 \_\_\_\_\_

\_\_\_\_ 5-7 yr. old half day \_\_\_\_\_ \$110  
\_\_\_\_ 5-7 yr. old full day \_\_\_\_\_ \$190  
\_\_\_\_ 8 & 9 yr. old full day \_\_\_\_\_ \$190  
\_\_\_\_ 10-12 yr. old full day \_\_\_\_\_ \$190

#### MUHLENBERG COLLEGE

##### \_\_\_\_ June 29 – July 3

##### \_\_\_\_ July 6-10

\_\_\_\_ 5-7 yr. old half day \_\_\_\_\_ \$110  
\_\_\_\_ 5-7 yr. old full day \_\_\_\_\_ \$190  
\_\_\_\_ 8 & 9 yr. old full day \_\_\_\_\_ \$190  
\_\_\_\_ 10 – 13 yr. old full day \_\_\_\_\_ \$190

### SOCCER CAMP

#### COUNTY FIELD JUNE 22-26 \_\_\_\_\_

\_\_\_\_ 5-7 yr. old half day \_\_\_\_\_ \$110  
\_\_\_\_ 5-7 yr. old full day \_\_\_\_\_ \$190  
\_\_\_\_ 8 & 9 yr. old full day \_\_\_\_\_ \$190  
\_\_\_\_ 10-12 yr. old full day \_\_\_\_\_ \$190

#### MUHLENBERG COLLEGE

##### \_\_\_\_ July 6-10 \_\_\_\_\_

\_\_\_\_ 5-7 yr. old half day \_\_\_\_\_ \$110  
\_\_\_\_ 5-7 yr. old full day \_\_\_\_\_ \$190  
\_\_\_\_ 8 & 9 yr. old full day \_\_\_\_\_ \$190  
\_\_\_\_ 10 – 12 yr. old full day \_\_\_\_\_ \$190  
\_\_\_\_ 13 – 15 yr. old full day \_\_\_\_\_ \$190

### FAST FEET CAMP

#### Site: County Field

Dates: June 17 and 24  
July 1, 8, 15, 22, and  
29<sup>th</sup> & Aug. 5th

Cost: \$100

Age: 5-13 yr. old Boys & Girls

**Time Slot: 5:45 – 6:45 pm \_\_\_\_\_**

**Time Slot: 6:55 – 7:55 pm \_\_\_\_\_**

Any two camps at Muhlenberg \$350 \_\_\_\_\_

All three camps offered \$510 \_\_\_\_\_