

2009 Gold Medal Girls Lacrosse Camp

Residential/Commuter



Sunday, June 28 -
Wednesday, July 1

Open to all ages,
beginners through elite

GoldMedalLax@aol.com

Staff features
College Head Coaches & Players
And
U.S. World Cup & National
Team Members

Gold Medal Girls Lacrosse Camp
429 North 27th St.
Allentown, PA 18104

2009 Staff features World Cup and National Team Players & College Head Coaches!

2009 GOLD MEDAL LACROSSE CAMP

Name: _____
Address: _____
City: _____ State: _____ Zip: _____
Home Phone: _____
Emergency Contact: Name: _____
Phone: _____
Roommate Request: _____
School: _____ email: _____
School Address: _____
Grade in Sept. 2009: _____ Age: _____ Birthdate: _____ / _____ / _____
Resident Camper Early Bird \$350 Commuter Camper Early Bird \$285
Resident Camper after May 1, \$375 Commuter Camper after May 1, \$310
Years Playing Experience: _____ Playing Level (circle one): Beg./Int. Int. Int./Adv.
Adv. _____
Position (Please x: Attack _____ Midfield _____ Defense _____ Goalie _____

Payment Method

_____ Check Enclosed Check #: _____

_____ Money Order

Make All Checks Payable To:
Gold Medal Lacrosse Camp

Mail To:
Jacklyn Keeley
Gold Medal Lacrosse Camp
429 North 27th St.
Allentown, PA 18104

CAMP DIRECTOR
JACKLYN KEELEY

United States World Cup Gold Medalist
United States National Team Member
NCAA Division I Head Coach
NCAA Regional Coach of the Year
Conference Coach of the Year

In 1989, Keeley founded and administrated this summer lacrosse camp. It is recognized as one of the top instructional and playing camps available to all ages and abilities. The outstanding coaching staff consists of World Cup and National Team players, College Head Coaches, and stand-out collegiate players. Kids have a ton of fun while they learn the latest skills, techniques, and strategies from top instructors!

SITE DIRECTOR
KRISTEN STUCKEL SEILER

NCAA Head Coach
Stuckel serves as the Head Coach for the Muhlenberg College Lacrosse team and also served as the field hockey coach from 2000-04. She is a former assistant coach for Gettysburg College where she earned All-Regional honors.

SAMPLE SCHEDULE	
7:30-8:30am**Breakfast	9:00-11:45 am**Drill/Games
12:00 Noon**Lunch	1:30-3:30 pm**Drills/Games
3:30-5:00 pm**Break	5:00 pm***Dinner
6:00-8:30 pm**Games	11:00 pm**Lights Out
SPECIALIZED GOALIE INSTRUCTION IS PROVIDED	

LOCATION AND FACILITIES

Only 60 miles from Philadelphia and 75 miles from New York City, Muhlenberg College is located in a classic collegiate setting in west Allentown, Pa. There are athletic fields (grass) and a lighted astro-turf facility centrally located to the dorms and cafeteria. This campus offers a very scenic and secure venue for lacrosse. You may learn more about Muhlenberg College via their website: www.muhlenberg.edu

REGISTRATION

Registration will be held between 11 a.m. and 12:30 p.m. on Sunday, June 28, 2009. Tournament play and closing ceremonies will conclude camp on Wednesday, July 1st at noon. More information will be sent upon receipt of your application.

HOUSING AND MEALS

Resident campers will be housed in a dormitory on campus. The dormitory will be supervised by camp and college staff. Meals will begin with dinner on Sunday and conclude with breakfast on Wednesday.

CAMPERS SHOULD BRING

- Lacrosse stick Field shoes (grass)
- Cross trainers/Court shoes
- Court shoes (indoor) Shorts T-shirts
- Sun Screen Sheets Towels Pillow
- Fan Mouth guards (required)
- Goalie Equipment (if applicable)
- Goggles Swim suit

PAYMENT SCHEDULE

\$\$\$Early bird discount available if application and payment received prior to May 1\$\$\$

Resident Camper	Before May 1	\$350
	After May 1	\$375
Commuter Camper	Before May 1	\$285
	After May 1	\$310
Commuter fee includes lunches and dinners		

FOR MORE INFORMATION CONTACT:

Jacklyn Keeley
PH: 610-597-4356 FX: 610-776-1525
GoldMedalLax@aol.com

Kristen Stuckel
PH: 484-664-3384 FX: 484-664-3035
kstuckel@muhlenberg.edu

FOR DIRECTIONS CHECK:

www.muhlenberg.edu

CAMP STAFF

This year's staff features World Cup and National Team players, and NCAA Head Coaches

JACKLYN KEELEY

United States World Cup Gold Medalist
United States National Team Member
NCAA Division I Head Coach
NCAA Regional Coach of the Year
Conference Coach of the Year

KATE MILLER

NCAA Division III Head Coach
Moravian College
Former USA Lacrosse Team Member

KRISTEN STUCKEL

NCAA Division III Head Coach
Muhlenberg College

LINDSEY EICHNER

NCAA Division III Head Coach
Wesley College
All American

KELLY GALLAGHER

NCAA Division I Assistant Coach
University of Detroit-Mercy
Seven + years of lacrosse summer camp coaching experience

LIZ BORUCKI

Commissioner & Coach of Youth Lacrosse League in Medford, NJ
Former NCAA Division III Assistant Coach at Muhlenberg College
Goalie Stand Out at Gettysburg College
3-Time All-Centennial Conference Selection
Division III Defensive Player of the Year by Women's Lacrosse Club of NJ

FOR MORE INFORMATION CALL 484-664-3384 or EMAIL GoldMedalLax@aol.com