



## MUHLENBERG COLLEGE ATHLETIC TRAINING

**TO:** Parents of Muhlenberg College Returning Student-Athletes  
**FROM:** Steve Nemes, Jr., ATC Head Athletic Trainer  
Lindsay Weiss, ATC, Brian Perez MS, ATC, Assistant Athletic Trainers  
**DATE:** June 2, 2009  
**RE:** Sports Medicine Update Information and Important Forms

Once again it is that time of year. We hope everyone's summer is going well. This year we have gone to a web based format for updating your information. You will need to go to the "Homelink" webpage. The link is located at this website. Your Username is your Muhlenberg College e-mail address and your password is your college ID. **Remember to put the dash after the 1<sup>st</sup> 2 zeroes.** Once you get to the menu you must complete the "Athlete Information" sections and hit the submit button. It will bring you back to the menu and then you must go into "Medical History" and complete this section. Once both sections are completed please log out. I will receive an e-mail confirmation, which includes a PDF of your update, that you have gone in and completed these sections. This information needs to be completed by July 10, 2009 for Fall sports and August 3, 2009 for Winter and Spring sports.

We are not requiring you to submit a copy of your insurance card unless it has changed from last year. If this is the case please send a copy, both front and back, of all appropriate insurance cards for your student athlete. It is your responsibility to keep us up to date with current insurance cards if your insurance changes during the year. Even though we will retain a photocopy of all insurance cards, whenever possible please supply your student athlete with an actual duplicate of all cards.

Please read over all the information on the website listed under "Reference Material/Pre-physical schedule".

**Also please send the ADHD Medical Form (if Applicable) to the Health Center.**

If you are a transfer student or have not participated in a varsity sport at Muhlenberg College in over one year in addition to completing the information at the "HomeLinks" website you are required to fill out all required forms which are located under "Freshmen, Transfers, 1<sup>st</sup> Year UpperClass Athletes" at this website. Also you must have the Athletic Initial Participation form from the Health Center completed. If you need a copy of this form(s) please contact us immediately and one will be sent to you or go to the Health Center web page.

Over the summer please have your student athlete notify us of any injury or illness prior or present that effects their ability to play or condition for their sport(s). A written release from the attending physician will be needed for clearance of any such injury/illness PRIOR to being able to participate.

**It is essential that all necessary information on the “HomeLinks” website be correctly completed on time in order for your student athlete to participate in Muhlenberg College Athletics. If you have any questions or concerns please contact us. We may be reached by phone at 484-664-3391; by e-mail at [snemes@muhlenberg.edu](mailto:snemes@muhlenberg.edu); or by fax at 484-664-3537.**

**Thank you for your cooperation and time in taking one more step in making this a successful year.**