



MUHLENBERG COLLEGE ATHLETIC TRAINING

TO: Parents of Muhlenberg College Student-Athletes
FROM: Steve Nemes, Jr., ATC Head Athletic Trainer
Lindsay Weiss, ATC; Brian Perez MS, ATC, Assistant Athletic Trainers
DATE: June 2, 2009
RE: Sports Medicine Information and Important Forms

We would like to take this opportunity to welcome your student athlete to Muhlenberg College athletics. Since your son/daughter will be participating this fall in a regular season or non-traditional season; we are requesting that all required forms which are located under “Freshmen, Transfers, 1st Year UpperClass Athletes” at this website be filled out and returned to the athletic training department by July 10, 2009 for fall sports and August 3, 2009 for Winter and Spring sports.

You are also required to go to the “HomeLink” website located in the Freshmen et al link. Once you get to the menu you must complete the “Athlete Information” sections and hit the submit button. It will bring you back to the menu and then you must go into “Medical History” and complete this section. Once both sections are completed please log out. I will receive an e-mail confirmation, which includes a PDF of your information, that you have gone in and completed these sections. This will eliminate some paperwork on your part. Your Username will be your first initial and last name and your password will be your Muhlenberg College ID. **Please remember to put the dash after the 1st 2 zeroes.** If you are twins and both your names start with the same letter it will be the first 2 letters of your first name. This is also to be completed by July 10, 2009 for Fall Sports and August 3, 2009 for Winter and Spring sports.

Please check the link “Athletic Training Forms List” for a complete list of all required material. Please read over all the information listed on the website listed under “Reference Material/Pre-physical Schedule”.

*****Please type or use blue or black ink for all forms*****

Due to the increased requests from health care facilities, please submit a copy, both front and back, of all appropriate insurance cards for your student athlete. It is your responsibility to keep us up to date with current insurance cards if insurance changes occur during the school year. Even though we will retain a photocopy of all insurance cards, whenever possible please supply your student athlete with an actual duplicate of all cards.

The same information is being requested on a few different forms. This is necessary since these forms are used to provide valuable information for different situations. We apologize for the inconvenience and appreciate your cooperation.

Over the summer please have your student athlete notify us of any injury or illness prior or present that effects their ability to play or condition for their sport(s). A written release from the attending physician will be needed for clearance of any such injury/illness PRIOR to being able to participate.

If you are a freshman, The Medical History Questionnaire and Athletic Initial Participation form you received from the Health Center in early spring must be completed by your personal physician and returned to the Health Office by June 5, 2009 in order to participate. Also please send the ADHD Medical Form (if Applicable) to the Health Center. If you are a transfer student or have not participated in a varsity sport at Muhlenberg College in over one year you must also have the Athletic Initial Participation form completed. If you need a copy of this form(s) please contact us immediately and one will be sent to you or go to the Health Center web page.

It is essential that all necessary forms be correctly completed on time in order for your son/daughter to participate in Muhlenberg Athletics. If you have any questions or concerns please contact us. We may be reached by phone at 484-664-3391; by e-mail at snemes@muhlenberg.edu, or by fax at 484-664-3537.

Thank you for your cooperation and time in taking one more step in making this a successful year.