How to Record a Program From the International Channel.
(Channel 102 for Service Electric Cable)

Step 1:
In the back of the lab (by the windows) you will find a TV cart with a television, two VCRs and a DVD player. The television and the top VCR are the machines you will be using.

Turn them both on.

Step 2:
To begin programming the record time simply push the "Program" button.

Step 3:
You will see an onscreen display with the following fields: Date / Start Time / Stop Time, Channel and Record Speed. Using the Roller Dial, simply scroll through the options until the desired date is reached. When you see the correct date in the window, simply push the roller wheel as you would a button, and this will advance you to the next option.

Step 4:
When you are completely finished entering all the fields, simply push the Program button again and you will see another onscreen display showing the information you just entered. If you need to make adjustments, this is the time to make them. To do this, use the roller dial to select the program in question and then push the wheel in to select it. Make your changes.

Step 5:
When you are satisfied with the program, simply hit the Program Button again. This will return you to normal onscreen viewing.

Step 6:
Turn the VCR off. It MUST be turned off in order to launch itself at the programmed time.

Notes:
The international channel is 102