<table>
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<th>Sport</th>
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| BACK SQUATS       | Hayley Peterson '18 - 250 lbs.  
Allentown HS, NJ  
Kelly Kline '14 - 225 lbs.  
Pennsville Memorial HS, NJ  
Kristina Qualben '19 - 225 lbs.  
Madison HS, NJ |                          |                           |
| BENCH PRESS       | Hayley Peterson '18 - 120 lbs.  
Allentown HS, NJ  
Kristina Qualben '19 - 115 lbs.  
Madison HS, NJ  
Sara Reischied '19 - 115 lbs.  
Selinsgrove, PA |                          |                           |
| VERTICAL JUMP     | Haley Fedak '18 - 22.5 in.  
Voorhees HS, NJ  
Jessica Costa '13 - 21 in.  
Cardinal McCarrick HS, NJ  
Karissa Astrella '18 - 21 in.  
Mount St. Dominic Academy, NJ |                          |                           |
| 20 YD. SHUTTLE    | Kristina Qualben '19 - 4.49 sec.  
Madison HS, NJ  
Nicole Bergamo '20 - 4.58 sec.  
Cardinal O'Hara HS, PA  
Haley Fedak '18 - 4.60 sec.  
Voorhees HS, NJ |                          |                           |
| 20 YD. DASH       | Nicole Iannarone '16 - 3.14 sec.  
Madison HS, NJ  
Alexis Giovinazzo '16 - 3.19 sec.  
Springside School, PA  
Sarah Merlo '17 - 3.19 sec.  
Hunterdon Central HS, NJ |                          |                           |
| MILE              | Amie DeFeo '16 - 6:46  
Newton HS, NJ  
Devon Barber '13 - 6:55  
Absegami HS, NJ  
Karissa Astrella '18 - 7:02  
Mount St. Dominic Academy, NJ |                          |                           |